



KEEN On the Move!

News, Inspiring Stories and Information from KEEN Greater DC

In This Issue

Volunteers of the Year!

Golf Tournament

Upcoming Program
Events

Rite Aid Grant

Site Visits!

2016 KEENFest

Be Our Leader!

KEEN Golf Classic -- May 16th, 2016Woodmont Country Club

Join presenting sponsor **Marriott International** for the 2016 KEEN Golf Classic.

The event will feature a round of golf, games and contests, great auction items, lunch, cocktails and dinner. Golfers will include representatives from top companies like

Accenture, AT&T, CSI, Ernst & Young, Marriott and Morgan Stanley. Register today to reserve your spot!

Volunteers of the Year!



Carly Morgan &
Sabrina Epstein

For full event details and to register visit the <u>2016 KEEN Golf</u> <u>Classic webpage</u>.

KEEN Athletes -- Get Ready!

Upcoming Special Athlete Events!

May 1st -- Bullis 5K Run and Buddy Walk -- The Bullis School

community inPotomac, MD is inviting all our KEEN athletes to participate in their annual Bullis 5K Run and Buddy Walk event. KEEN athletes will have the opportunity to be paired with Bullis students for the buddy walk and other fun activities including a moon bounce obstacle course, pony rides,



face painting and many other attractions.



Nearly three years ago, two Bullis School students, Carly and Sabrina, started a new partnership initiative at their school.

They created a student club where Bullis students are partnered with KEEN teens with special needs to help them participate in KEEN programs throughout the year. Carly and Sabrina interviewed, trained, and supported Bullis students who committed to volunteer for KEEN.

Their passion and commitment to make a difference in our community has an undeniable impact on all of us. These young women have helped developed long lasting friendships between the Bullis students and KEEN athletes that are priceless.

What Makes KEEN Unique?

Programs are:

- Free of charge
- Non-competitive
- Open to children

May 20th -- Teen Prom with Bullis Students -- The Bullis school and students, and KEEN Greater DC are organizing the first prom for KEEN athletes, age 13+. It will be a fun event with DJ, music, and refreshments at the Bullis school gym.

June 5th -- Sports Festival -- Every year all KEEN athletes, their families and volunteers from all of our program

sites in DC, MD and VA join together at Avenel Park in Potomac, MD to celebrate our athletes, programs and volunteers. The 15th Annual Sports Festival will be on June 5th. The day will include face painting, Zumba, soccer, volleyball, obstacle courses, tug of war and more!



KEEN Greater DC Receives \$12,500 Grant from Rite Aid



We are pleased to share that KEEN GDC received a \$12,500 grant from the Rite Aid Foundation through their KidCents enrollment challenge. Thank you KEEN friends and family who enrolled in the Rite Aid Wellness+

round up program to help us win this grant. We are very lucky to have such wonderful and dedicated supporters!

See KEEN in Action: Site Visits April 16 & 17

KEEN Greater DC invites all supporters, donors and friends to come see our programs in action! Visits will feature KEEN Sports and Music program observation, personal impact stories and Q&A time with staff and volunteers.

Saturday, April 16 at 12:30pm: DC Visit at St. Coletta School Sunday, April 17 at 11:00am: VA Visit at Key Center School

RSVP to **Elizabeth Doherty** at <u>keengrdc.elizabeth@gmail.com</u>.

KEENFest 2016: "KEEN are Family" Saturday, November 5, 2016

with any type or severity of

- Run by volunteers
- Funded solely by the community

SAVE the DATE

Our 16th Annual KEENFest dinner and auction will be Saturday, November 5, 2016 at the Capital Hilton hotel!



Quick Links

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KEEN is Always On the Move!



KEEN Greater DC Volunteers!

Do you have leadership skills you would like to develop or put to good use? Are you interested in getting more involved with KEEN and meeting community oriented peers? Join KEEN's Coaches Committee Volunteers and become part of a dedicated group of volunteers ensuring that all of KEEN's weekend programs are a success.

The Coaches Committee members need help to share the responsibilities and fun of running our weekend programs. Responsibilities include:

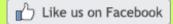
- help with the on-site volunteer and athlete registration;
- providing orientation to new coaches before each session;
- matching athletes with volunteer coaches; and
- being on site during program sessions to oversee activities and make sure everyone has fun!

Interested? Not sure? Questions? Email Beata Okulska

We Want to Hear From You

You can make KEEN *On the Move!* as informative as possible. Please let us know what YOU want to read about. Know an athlete, volunteer, business or donor who is creating acceptance and opportunities through KEEN? Send your ideas to info@keengreaterdc.org.

www.KEENGreaterDC.org



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