

WKEEN **KIDS ENJOY EXERCISE NOW** greater dc

bilities

EXPANDING OUR



KEEN Greater DC - Kids Enjoy Exercise Now

A nonprofit volunteer-led organization that provides one-to-one recreational opportunities for children and young adults with developmental and physical disabilities at no cost to their families or caregivers. KEEN's mission is to foster the self-esteem, confidence, skills and talents of its athletes through non-competitive activities, allowing young people facing even the most significant challenges to meet their individual goals.

DEAR KEEN friends!

Nothing can slow down KEEN Greater DC's ability to serve every child with special needs in our region!

In 2013, we were able to launch several new programs! Thanks to our amazing sponsors and contributors, KEEN Greater DC opened a new program in Vienna, Virginia, and two new sports sessions in Baltimore.

The Baltimore program was established in partnership with Johns Hopkins University's Neuroscience Department. JHU created a program called "KEEN: Practicum in Neuroscience," a for-credit course for undergraduate neuroscience students. The students serve as volunteers at KEEN's Baltimore sessions and gain class credits and clinical experience by working with young people with disabilities.

With 25 programs, 44 monthly sessions, thousands of volunteers, and serving nearly 400 young people with special needs, KEEN Greater DC has continued to positively impact the lives of families across the region. One KEEN Greater DC parent wrote:

"KEEN is a wonderful program that our son always looks forward to attending. It gives him some fun time away from family, helps him socially and physically. It also gives us/me a window of respite on a Sunday afternoon and a day with a planned activity. We love all the staff and volunteers who are like family to us."

We are committed to continue enrolling more kids, creating more program opportunities, and changing lives. We all have the ABILITY to make a difference—it is just a matter of having the desire and resolve to do so.

KEEN Greater DC needs YOU to partner with us to make a difference today!



Burt Braverman Board President

- staverman



Beata Okulska Executive Director

2013

KEEN Greater DC continues to expand geographically, launching programs in Baltimore, Maryland, and Vienna, Virginia, and now provides a total of 25 programs throughout the region.

2010

KEEN Greater DC launches two new Sports programs in Springfield, Virginia, bringing its program total to 19.

2006

1992

14 years.

KEEN launches its first program in Bethesda, Maryland, and adds 11 more programs over the next

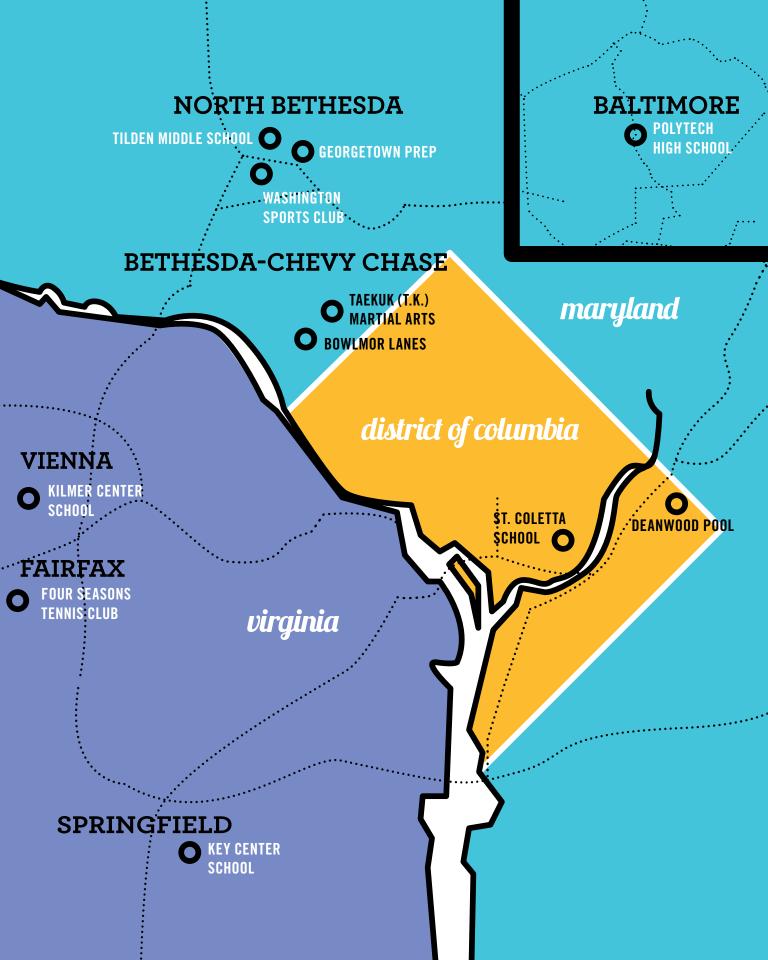
KEEN Greater DC expands into Washington, D.C., launching its 13th, 14th and 15th programs in Southeast D.C.

WHERE CAN WE

programs

About KEEN Greater DC

KEEN Greater DC started in 1992 with a very simple concept: Bring together volunteers from the community and young people with significant developmental and physical disabilities, pair them up, and let them discover how to explore their abilities and have fun. With this concept, over the past 22 years KEEN Greater DC has launched 25 free-of-charge programs in Maryland, the District of Columbia and Northern Virginia.



"My family has truly been appreciative of what KEEN has provided to our son to strengthen his social skills with peers through well-structured activities, as well as the networking opportunity for parents and for lifting the financial burden." E

org

-KEEN Greater DC parent



programs: district of columbia





SERVE MORE KIDS IN MORE LOCATIONS IN D.C.

We can serve more kids throughout D.C. with your help.

THE FIRST PROGRAM KEEN GREATER DC brings to any new area is Sports. As with all KEEN programs, Sports provides a non-competitive opportunity for KEEN athletes to play with a variety of sports equipment in their own way and at their own pace while having the support and friendship of a one-on-one volunteer coach.

KEEN athletes and their coaches may throw a basketball, kick a soccer ball, bounce on large therapy balls, pull each other on indoor scooters, or find other ways to have fun with the variety of sports equipment provided.

In 2006, KEEN Greater DC brought its Sports program to Southeast Washington D.C., where it was met with such enthusiasm that Swim, Music, Basketball Clinics and Soccer Clinics soon followed. All of these programs continue to be enjoyed today.

er district of columbia ST.COLETTA SCHOOL O POOL POOL

PROGRAMS & LOCATIONS

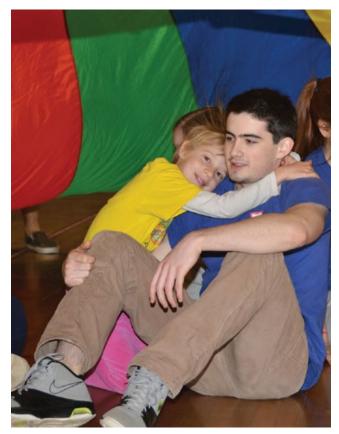
SPORTS (KIDS AND TEENS) MUSIC (KIDS AND TEENS) BASKETBALL CLINICS SOCCER CLINICS

St. Coletta School 1901 Independence Avenue SE Washington, DC 20003

SWIM

Deanwood Pool 1350 49th Street NE Washington, DC 20019

programs: maryland





EXPAND PROGRAM OFFERINGS AND SERVE More Kids in Maryland.

We can create more opportunities and serve more kids in Maryland with your help.

KEEN SPORTS, KEEN GREATER DC'S SIGNATURE PROGRAM,

launched in 1992 with five KEEN athletes and a handful of volunteer coaches in North Bethesda. As word spread, the need for KEEN—a recreational program where everyone is accepted and celebrated for who they are and no one is judged—became immediately apparent. In the years since, KEEN Greater DC has created and continues to operate 25 free-of-charge programs, including bowling, swimming, tae kwon do and more! And extended our reach to Baltimore.

TILDEN MIDDLE TILDEN MIDDLE SCHOOL GEORGETOWN PREP WASHINGTON SPORTS CLUB MARTIAL ARTS BOWLMOR LANES

PROGRAMS & LOCATIONS

SPORTS (KIDS, TEENS, AND YOUNG ADULTS) / MUSIC (KIDS AND TEENS) / KEEN CLUB Tilden Middle School 11211 Old Georgetown Road Rockville, MD 20852

SWIM

Hanley Center at Georgetown Prep 10900 Rockville Pike North Bethesda, MD 20852

YOUNG ADULT FIT/FAMILY FIT

Washington Sports Club 10400 Old Georgetown Road Bethesda, MD 20814

YOUNG ADULT BOWLING

Bowlmore Lanes 5353 Westbard Avenue Bethesda, MD 20816

KIDS TAE KWON DO

TaeKuk Martial Arts 6831 Wisconsin Avenue, P102 Chevy Chase, MD 20815

BALTIMORE SPORTS

Polytech High School 400 W. Cold Spring Lane Baltimore, MD 21210

programs: virginia



EXPAND PROGRAMS AND LOCATIONS IN VIRGINIA.

We can provide more opportunities to more kids in more locations in Northern Virginia with your help.

IN 2010, KEEN GREATER DC LAUNCHED SPORTS AND

MUSIC PROGRAMS in Springfield. Since then our program rosters have more than doubled in size, and support from the community has greatly increased, leading to KEEN's launch in spring 2013 of a new sports program in Vienna, Virginia. This new program enables KEEN to reach more Northern Virginia children with autism, cerebral palsy, Down syndrome and other significant disabilities.

PROGRAMS & LOCATIONS

SPORTS (KIDS AND TEENS) / MUSIC (KIDS AND TEENS)

Key Center School 6404 Franconia Road Springfield, VA 22150

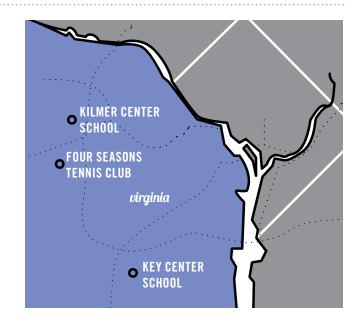
VA SPORTS

Kilmer Center School 8102 Wolftrap Road Vienna, VA 22182

TENNIS

Four Seasons Tennis Club 3010 Williams Drive Fairfax, VA 22031





"My son loves going to KEEN. He always wants to enter the gym with the volunteers. They are very understanding and kind to him. I believe that KEEN is his best experience, because I can see his face happy when we stop the car in the parking lot."

-KEEN Greater DC parent

volunteers

Volunteers are vital to the continuity and success of KEEN Greater DC. Some help occasionally at KEEN's programs while others become regulars and may eventually evolve into leaders as part of our Coaches Committee. These volunteers not only train new volunteers and run the sessions but also plan and administer all of our 25 programs. In 2013, our coaches contributed thousands of volunteer hours. Volunteering with KEEN is flexible and fun. Thank you to all of our outstanding volunteers!

COACHES COMMITTEE

Kayla Adler Kyle Blackstone Tammy Bronstein Jonathan Daulte Hania Dawood Jake DiGregorio Michele Doyle Bernadette Duffy Nancvellen Gentile Charlie Gilbert Marsha Glazer Alyson Golub Lisa Josephowitz Lindsey Kelly Colleen Kennedy Hillary Lerner Maureen Liu Helen Macnamara Sarah McMahon

Jane Meacham Karen Migdail Minh Thu Nguyen Joe Ottinger Anne Overly Laura Partridge Ron Rabbu Kara Rowland Tommy Schefer Maria Velegris Shaina Weiner Beth Wenger Lela Williams Karen Woolman

*as of January 2014



KEEN Greater DC provides 4440 program sessions, free of charge, each year

SOUND LIKE

If you would like to help us grow by being a part of KEEN Greater DC, visit: www.keengreaterdc.org for more information.





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KEENFEST 2013: CHEERS TO 21 YEARS!

Community members, business leaders, volunteers and friends gathered at the Capital Hilton in Washington, D.C., for the 13th annual KEENFest dinner and auction. KEEN supporters participated in live and silent auctions, a raffle, a paddle raise and a game of heads or tails, and enjoyed a sit down dinner, live music by The Morrison Brothers and dancing. KEEN GDC athletes Bijan, Brandon, Dale, and Frances charmed attendees with their greetings and storytelling. Volunteers Jonathan Daulte and Michele Doyle received KEEN's Volunteer of the Year award. Major sponsor Joyce Koons Honda Buick GMC received KEEN's Distinguished Service Award for its outstanding support to KEEN Greater DC. This evening of friends, food and fundraising celebrated 21 years of KEEN's sports and recreation programs for children and young adults with disabilities and built support to ensure that KEEN is able to continue to fulfill its mission and keep all of its programs entirely free of charge. Thank you to our event host, WUSA 9 anchor Derek McGinty and to our many major donors and supporters!



THE 12TH ANNUAL SPORTS FESTIVAL — THE BEST DAYS ARE KEEN DAYS

Hundreds of KEEN athletes, family members and volunteers from throughout the Greater DC area gathered at Hadley's Park in Potomac, Maryland, to celebrate 21 extraordinary years of fun, friendship, and free KEEN programs in Greater Washington, DC. Highlights included volleyball, soccer, zumba dancing, face painting, an obstacle course, tae kwon do, individual play by athlete and coach pairs, tug-of-war and much more. Redskins linebacker Ricky Elmore and USA Track athlete Adam Durham were some of our special guests. Thank you to our event sponsor, Kaiser Permanente, and long-time donors Potomac Pizza, Drink More Water, Kids After Hours, and Whole Foods Bethesda.

BULLIS GIVES BACK

The Bullis School community in Potomac, Md., chose KEEN Greater DC as one of the beneficiaries of its 5th Annual Bullis Gives Back 5K/2K Walk/Run and Festival. All KEEN families were invited to be a part of this special day. KEEN athletes were paired with Bullis students for the event, which included the following festival highlights: an obstacle course, pony rides, face painting and more. KEEN athletes received free t-shirts, pizza and drinks.



20TH ANNUAL Keen Golf Classic

More than 175 golfers enjoyed a great day of golf and contests at Woodmont Country Club in Rockville, Maryland, to raise funds for KEEN Greater DC. We deeply thank all of our participants and sponsors, especially our major sponsors, Marriott International Inc., Accenture, Davis Wright Tremaine LLP, Donohoe Property Services, Venable LLP, and Daryl and Sondra Nickel, whose support has enabled us to continually grow and serve more kids.



KIDS EURO FESTIVAL

For the fourth year in a row, KEEN Greater DC athletes. families and volunteers enjoyed a special Kids Euro Festival at the Embassy of France. Artists from Bulgaria put on a puppet show. A dancer from Finland led a workshop on storytelling through dance. A theater troupe from Poland put on a show that included mime and puppetry. And an animated film from the United Kingdom played on a big screen throughout the day. The event also included face painting, zumba dancing and arts and crafts. Thank you to the Embassy of France for your generosity and hospitality!



"My daughter has multiple issues and KEEN provides a place where she is accepted and celebrated." -KEEN Greater DC parent

111

2013 donors

Because of the incredible generosity of businesses, foundations and individuals, KEEN Greater DC continues to provide all 25 of our programs at no charge to our athletes and their families.

THANK YOU!

\$50,000+

Joyce Koons Honda Buick GMC Marriott International

\$25,000+

Anonymous Donor

\$10,000+

Anonymous Donor Bullis School, Inc Davis Wright Tremaine LLP J. Willard & Alice S. Marriott Foundation The Jim and Carol Trawick Foundation Joey Pizzano Memorial Fund New York Collaborates For Autism

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\$4,000+

Accenture The Donohoe Companies

TD Bank

Venable LLP

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\$2,000+

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\$1,000+

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know?

KEEN Greater DC has served more than **1,000 kics** & young adults with disabilities since its start in 1992.

\$1,000+ CONTINUED

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\$500+

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\$250+

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KEEN Greater DC provides **10,700** hours of free of charge programs each year.

2013 IN-KIND DONORS

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If you would like to support us, visit: www.keengreaterdc.org/ support-us for more information.

KEEN Greater DC receives contributions through the United Way #8065 and Combined Federal Campaign #75656. Every effort has been made to correctly list 2013 major donors. Please contact us at support@keengreaterdc.org if there has been an oversight.





financials

KEEN GREATER DC, LLC Statement of activities

FOR THE YEAR ENDING 12/31/13 (UNAUDITED)

SUPPORT	
Foundations/Organizations	124,721
Corporations/Businesses	58,261
United Way & CFC	10,151
Individual Donors	80,471
SPECIAL EVENT NET REVENUE	
KEEN Golf Classic	88,284
KEENFest	64,044
Sports Festival and other events	7,265
Investment Income	767
TOTAL NET REVENUE AND SUPPORT	\$433,965

Documents and information submitted to the State of Maryland under the Maryland Charitable Solicitations Act are available from the Office of the Secretary of State for the cost of copying and postage. **EXPENSES**

Program Services for Kids, Teens and Young Adults	
KEEN Sports and Fit Programs	
Maryland	131,186
District of Columbia	40,342
Virginia	36,774
KEEN Music	
Maryland	38,038
District of Columbia	31,801
Virginia	20,098
KEEN Swim	
Maryland	19,614
District of Columbia	17,119
KEEN Tennis and Bowling	13,769
Sports Festival	11,261
Adult Program Support	1,000
Total Program Services	\$361,002
Supporting Services	
Fundraising	4,204
Management & Administration	19,687
TOTAL EXPENSES	\$384,893
NET INCOME	\$49,072

KEEN Greater DC LLC is a 501(c)3 nonprofit organization, donations to which are tax deductible to the fullest extent of the law. Please consult your tax advisor for further information. A copy of our current financial statement is available upon request by contacting KEEN Greater DC, LLC. Our EIN No. is 42-1657976.





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*as of March 2014

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