



KIDS ENJOY EXERCISE NOW
greater dc

December 2008

KEEN Hotline: 301.770.3200

www.keengreaterdc.org

info@keengreaterdc.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6 Swim (MC) Dolphins: 8:45 – 9:45 Seals: 9:45 – 10:45 Sports (DC) Kids: 12:00 – 1:15 Teens: 1:30 – 2:45 Tennis: 4:00 – 5:00
7 Kids Sports (MC) 12:15 – 1:30 1:45 – 3:00	8	9	10	11	12	13 Swim (DC) 9:30 – 10:30
14 Teen Sports (MC) 12:15 – 1:30 1:45 – 3:00 Kids Music (MC) 12:30 – 1:30 1:45 – 2:45 Teen Club 3:15 – 4:30	15	16	17	18	19	20 Swim (MC) Otters: 8:45 – 9:45 Manta Rays: 9:45 – 10:45 Sports (DC) Kids: 12:00 – 1:15 Teens: 1:30 – 2:45 Music (DC) Teens: 12:15 – 1:15 Kids: 1:30 – 2:30
21 Kids Sports (MC) 12:15 – 1:30 1:45 – 3:00 Teen Music (MC) 12:30 – 1:30 1:45 – 2:45	22	23	24	25	26	27
28 Holiday - No KEEN Programs	29	30	31			